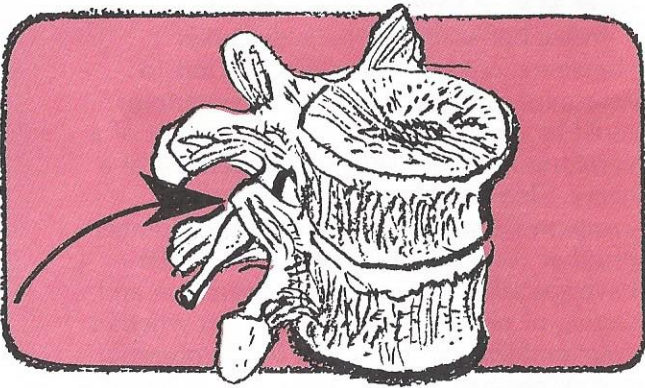

Schedule your nerve test today.

Your chiropractor performs a nerve test that is quick, simple and inexpensive. Let them discover whether your problems are caused by misaligned vertebrae. If you are not a chiropractic case, the doctor will refer you. If you are, a doctor of chiropractic is your answer to better health.

See your chiropractor now!

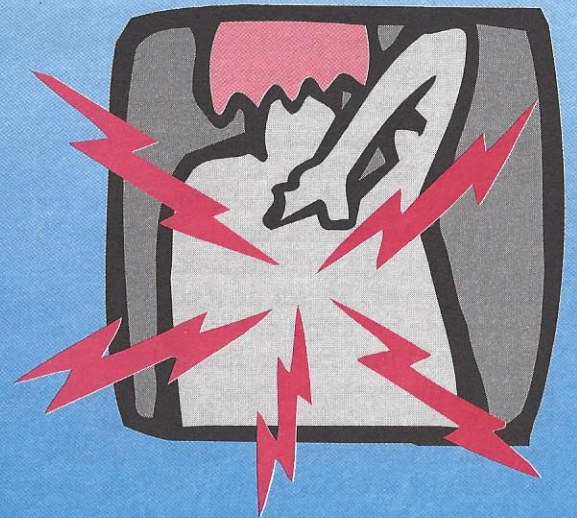


See your chiropractor now!

Complements of:
Dr. Cameron Stewart
Chiropractic Physician
www.drcam.rocks

Pinched Nerves

the great pretender



Pinched nerves — the great pretender.

A pretender is a great deceiver. He poses as somebody else. He is an actor with a gift for mimicry. He may appear to be friendly and under disguise do great harm. Pinched nerves are often pretenders that deceive you into thinking you have any number of known diseases.

In millions of cases there are records of erroneous diagnoses made because the symptoms indicated another disease. Such symptoms as lung disease — pleurisy, bronchitis, sinusitis and asthma — can be caused by nothing more than pinched nerves. Often even more frightening symptoms such as those of a coronary, emphysema, meningitis, encephalitis and even ulcers are in reality, the result of spinal subluxation - pinched nerves. Frequently medical advice is sought and followed but the results are disappointing because the real problem hasn't been diagnosed. Medication may have been given that temporarily masked the symptoms but did nothing to correct the cause.

At this stage a doctor of chiropractic may be sought. An examination is given and the true cause of the problem is discovered. Pinched nerves can put on a good masquerade for many diseases. The list is almost unlimited. Even a hospital that provides the latest and most costly diagnostic facilities can be deceived by this great pretender. Your nerves transmit impulses that control all bodily functions. Your doctor of chiropractic is a nerve specialist. He is quick to detect a pinched nerve as the culprit.

SYMPTOMS

Eye and ear problems, glandular disorders, allergy, high blood pressure, insomnia, headaches (migraine and common), nervousness and breakdowns, dizziness, fatigue, fainting

Hay fever, sore throat, hoarseness, stiff neck, neuritis, neuralgia, skin problems

Coughs, asthma, bronchitis, arm and shoulder pain, bursitis, thyroid, throat problems.

Chest pain, fast heart, palpitation, hand and forearm numbness or pain, congestion, pleurisy.

Jaundice, heartburn, shingles, fever, gall bladder and stomach problems.

Ulcers and stomach trouble, hives, low blood pressure, poor circulation.

Circulatory problems, rheumatism, lower resistance, dyspepsia, hiccoughs.

Diarrhea, constipation, some kinds of sterility, impotence, menstrual problems.

Prostate problems, knee pains, cold feet, bed wetting, backaches.

Leg cramps, poor circulation, ankle swelling, rectal itching, hemorrhoids, pain while sitting.

AREAS AFFECTED

Head and face — all sections

Throat

Arms and Hands

Heart

Lungs

Stomach

Liver

Gall Bladder

Kidneys

Ovaries

Bowels

Appendix

Genitals

Bladder

Legs and feet

How does the spine affect the nerves?

The spinal cord is "housed" and protected by the length of vertebrae that make up the spine. About 300,000 nerve fibers compose the nerves that pass through small openings of the spine to all parts and organs of the body. The brain controls all functions of the body through this extensive nerve system. It is easy to understand how a slight dislocation

of one of these vertebrae could "pinch" a nerve and block the normal nerve impulses in their passage. The chart below indicates the area in the spine of various nerve locations. The origin of symptoms (listed on the left) and a few of the problems and disorders caused (right) are indicated in the chart.

How can a chiropractor help?

Instead of searching for a diagnosis elsewhere, consult a chiropractor **first** to determine whether or not your symptoms could be caused by a slight displacement of a vertebrae and subsequent impingement of a nerve. Don't be misled by a variety of symptoms that may be mimicking a number of other diseases. Doctors of chiropractic have specialized training in examination and testing of nerves. They will tell you whether your problem can be helped by chiropractic. If it is "pinched nerves", their trained hands can release the pressure with a chiropractic adjustment. If it is not, they will refer you you elsewhere.

The importance of the nerve system.

Although most people pay little attention to nerves until a problem arises, it is important to remember that nerves control all functions of the body. They carry all sensation to the brain — hearing, sight, smell and taste — and they control all movement. Through nerves you are able to keep your balance, swallow, breathe and talk. All functions of your circulation and digestion are controlled by nerves. Even your body temperature is maintained by nerves.