

## Nerve tests

Your doctor of chiropractic can unlock the key to your spinal health with painless, simple and inexpensive tests for the nerves. S/he can discover easily if you are a chiropractic case. Everyone should have a chiropractic evaluation to ascertain whether or not certain pinched vertebrae are holding back that desired state of total, vibrant health.

See your chiropractor today!

Complements of:  
**Dr. Cameron Stewart**  
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# Nerve Problems





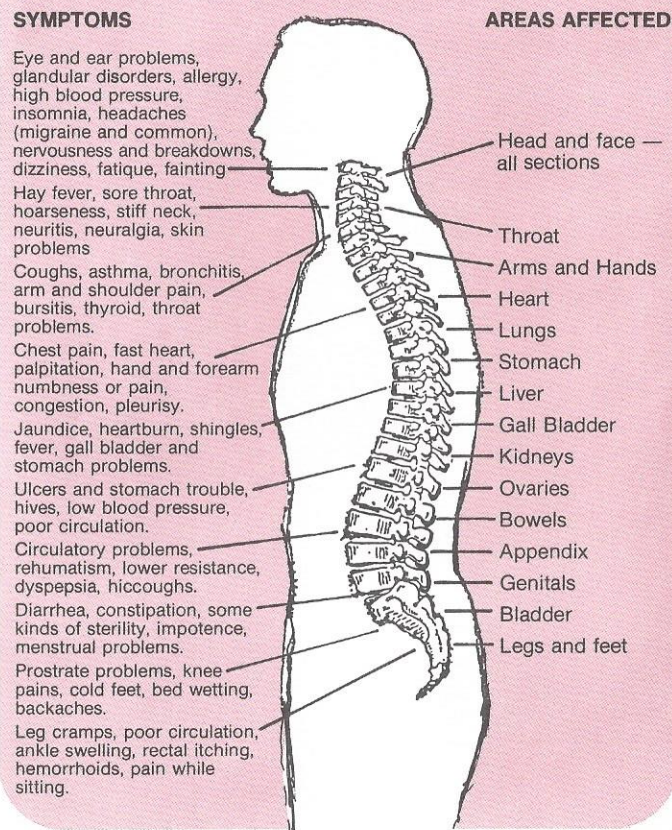
## Your nerves and you

Nerve problems are far too important to be dismissed lightly with a shrug as "nerves—just nerves, that's all."

Nerves control every function of your body. Nerves maintain your body balance and your natural body temperature at the right level. Nerves are responsible for your senses—hearing, sight, smell and taste. Nerves control your circulatory system, your blood pressure, your digestive system, i.e., stomach and bowels, the ability to swallow and even your speech and breathing. Nerves transmit all sensation to and from your brain. They make up the master system of the human body that controls every function that takes place in your body. So, nerve troubles are of utmost importance and should be handled by a doctor who specializes in the spine and nervous system—your doctor of chiropractic. It is through the spine and nervous system that the ideal picture of glowing, natural health is achieved.

## The state of natural health

A perfect, unblocked nervous system will provide you with the blessings of vibrant, natural health. This kind of health will bring maximum strength and energy. It will give you muscles and tissues that are firm and that fend off the usual "slowing down" process as you go into middle age. It will help you to overcome aches and pains and prevent illness. Don't let pinched nerve problems deprive you of that glorious "full-of-life" feeling that enable you to enjoy every minute to the fullest.



## More about this master system and how it works

Have you ever thought about this network of nerves and how amazing it is? Nerves emanate from the brain, through the spinal column and travel to all parts of the body. Your master system carries "instructions" from the brain that enable all bodily functions to be maintained. Notice the chart below and how specific areas of the spinal column provide the outlet for nerves to "assigned" parts of the body. Also notice the symptoms that indicate a problem in certain areas.

## Chiropractic and nerves

Nerves exit through special openings between the vertebrae and misalignment of a vertebra can pinch the nerve and hamper the flow of nerve energy to its part of the body. In this way, functions that depend on that nerve can be slowed down or perform abnormally. Doctors of chiropractic are specialists of the spine and nerve system and they perform highly specialized tests to locate a misaligned vertebra. They then correct the misalignment with spinal adjustments that allow the nerve energy to flow freely again. Nature's wonderful healing powers are then released. Lasting health comes from within the body and good nerve function is essential for this state of well-being.

